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Love's Drive & Matter's Pull

When a human loves, it is to connect. Love is the driving push to do this in all life, whether that connection is to aggregate like-with-like vibrationally (as the elements of Earth do to create gems and minerals), or it is an aspect of consciousness seeking connection. Always, it is the seeking of that which is familiar, is similar, in vibration.

That which drives you to seek, and that which you seek, changes as the substance of your being evolves, which happens through the simple reality of being built of the substance of Earth, and she is evolving, or through your own soul stimulus.

This is not about seeking the connection between partners, which is not just a connection of like-with-like. In fact, often it is not a lot to do with this. The truth is that our relationships upon Earth are very largely guided by our karma. Karma is the patterning you have built in your personal being, through lives of learning and trials, of experience and challenge, of growth and exploration. These patterns are like the fabric

of our being, through which we see, feel and think, and thus connect with others. Of course, our patterns invariably involve others, from connections made and unmade, explored and abandoned. We have journeyed in so many ways in different lives with our close soul mates upon this Earth and this has more bearing, for most, in the formation of connections and relationships in our current life.

Ultimately, love is behind the working out of all karma, and thus the evolution, creation, development and healing of all relationships on all levels.

Love drives karma because karma cannot exist without love. If we have no drive to explore, to seek, to connect to that which is outside our personal sphere, we are inert, and the gracious presence of the great teacher that karma is, goes unexpressed in our presence. Love is the driver that comes from within us, and through which we seek, evolve, learn, and establish opportunities for future learning, all of which is held by the Law of Karma.

The driver of evolution is love, the guide and teacher and record keeper is provided and governed by the Law of Karma.

If you have a discordant relationship with another, born out of the past, karma guides how and when you shall meet and have opportunity to resolve that discord. It is all done under the evolutionary driver of love. To evolve is to learn, to learn requires experience. Experience always includes failures, otherwise you know not what the value is in the learning; so on the evolutionary journey, you gather both the learning and the memory of failures. This means failures in the most general and energetic sense, defined purely as those instances when the presence of your higher consciousness does not reverberate through your actions, thoughts or feelings. That can be anything from the simple check provided by emotional conscience, to the illumined soul vibration guiding your choices. It matters not what level, just that it is the highest vibration of your consciousness for where you are today on your evolutionary journey.

We make connections in every sphere, so this is not just about human to human relationships. Love is in all expressions of life upon Earth. Depending upon where we are at and what our journey gifts us, we can

explore and build many connections, to Earth herself, to nature, to animals, oceans, places, experiences, etc.

The journey of evolution is to understand that all true seeking and connecting is stimulated by love. However, there is another pull upon our consciousness that is not of love. It is the pull of matter itself; a type of magnetism, if you like. Ultimately, it is a force created to enable evolution, for without it we would not be able to descend so deeply into matter; but in and of itself its focus is to become matter, deeper and denser in vibration, not to become light, of finer and finer vibration.

This is the paradox of evolution: the creator of both love, and that which makes physical consciousness possible.

Love exists to drive connection – but that is only possible if there is differentiation between where love arises, and what love seeks. Otherwise there is but one presence, and no need to seek the other, therefore no need to have the driving force of love. There is a presence of consciousness in the oneness, but that is not the journey of our universe. The pull of matter was created to draw consciousness to a place of otherness, to experience separation, then to seek connection, and thus to evolve.

The pull of matter, however, creates its own force field, and the human consciousness begins its journey immersed in this. As we evolve, and our souls, which are not pulled by the force of matter (but reside in the Ocean of Love), begin to resonate more purposefully in our hearts, then we begin to discern and differentiate. The pull of matter, through which we make many earthly connections in life after life, becomes something other than the milieu in which we exist and perceive love. Much of the human journey is to discern this, and then disentangle that inherent pull of matter, that feels like a connection, from the real connector which is love.

This is the difference between existing in matter, and evolving. As Earth is evolving, and has long ago differentiated the pull of the material forces from that of the driver that is love, so must we.

Choice! One of the most powerful opportunities for growth of consciousness, and evolution of love. When you feel needs, wants or yearning

ings, your choice is to discern and determine if it is the pull of matter, or the drive of love.

You can find this truth in your heart. You most certainly will not find it in matter, or in the material things formed from that pull. Much of our world is filled with things created by this material pull, energised by the lower emotions that coalesce around perceived needs and expectations. But such things can never be infused with love, and thus enable an uplifting and joyful connection of love, unless created with that intention in the first place. I am sure you will agree that most things in our material world are not created with love.

This is a significant step on our evolutionary journey: to discern the pull of materiality, of matter itself, from the force of love that drives us to seek. One comes from within, one pulls from without. Learn the difference and your binds will loosen, and your consciousness shall soar!

This is the evolutionary journey of love.

Love's Touch in Your Heart

When love streams down into your being, it can be joyful, sad, wondrous, shattering in the realisations it evokes; embracing and nurturing, motivating and encouraging, or feel overwhelming, yet never so.

This is higher love, from soul or the loving family you have in the inner worlds. It evokes, creates, magnifies the full range of human experience, because love is light, the light of Cosmic intent. The light comes with all of the plan, full of vision and insight. It carries all of the past, upon which the future is built, and out of which come the realisations of your karmic journey. It carries the fullness of truth: the truth of what is and is not infused with, alive with, that intent we call love; to help you discern on your path. And it carries the fullness of will, so that you can never be crushed or dissuaded from taking your next steps on your journey.

Do not be sad if the light triggers so many different emotions and reactions within you. This is normal. This is love, like an enveloping embrace, illuminating deep corners, exposing challenges to your thoughts and perceptions, awakening you to more.

Love always evokes more, because it is evolutionary intent: evolution of beingness, of consciousness, of humanity, of earthly illumination. How can this not stir you, and thus challenge those parts of you that do not wish to move and awaken, that do not know more than the structured or staid existence they have held, perhaps for millennia?

Our journey upon Earth involves much building. Humans are beings of form, of structure in matter, which is how you get to be a human being of light, love and intent, yet also of physical body, mind and emotions. Naturally, you build many experiences into the structure of who you are. We all do, no matter what evolutionary steps we are taking.

But understand this: to hold the light of the morrow, every temple is built of the stones carved of the substance of yesterday. It takes effort to build form; but that is the pull and enticement given to Mother Earth in her journey of awakening, else no one would come and stay!

It is the inner pull of gravity, which is love. For, as love is evolutionary intent, and as Earth evolved and took upon herself that pathway of intertwining streams of life that enables nature, animals, humans and angels to incarnate and evolve, then you may understand that it is her choice, and her love, that pulls you to her – once you have chosen this wondrous experience here on Earth. This is the inner gravity, the love that pulls you to Earth, to stay and evolve upon this pathway.

You build the forms of beingness that enable you to be here. Then the loving touch of higher light comes to you, and what you have built no longer seems right, no longer holds the light you thought it had, no longer has enough room to hold your greater awareness.

Note the parallels in much of the affluent world – and yearned for in many others – for a bigger and bigger house, car or wardrobe; but for what? Perhaps it is an inner trigger to note that you need to make changes in your conscious self, and expand the space in which you dwell as a conscious being, not just as a physical being.

The journey of conscious evolution that we are all on – for that is the journey Earth is upon – requires this growth of consciousness intertwined with the physical world. Here you meet all the pulls of nature, and all the experiences that come from that. Then, when you open to that great loving presence that is your life's embrace of soul, of higher angels, brothers and sisters in your inner family, suddenly (or perhaps not so suddenly), you see a different world. Then what?

This is the conundrum of living an evolving life upon Earth. Love gives love, but also shatters whatever no longer enables you to hold and be that love.

As Buddha taught, attachment causes suffering. Yet love invites us to connect, and attach. Jesus taught that giving frees the soul, yet the pull of matter tangles us with our material world, so we find it hard to give. The truths about the evolution of our consciousness into loving, present beings can be found in the teachings of all great teachers who embody love in its many nuances, and thus give it to the world in every colour, shade and intensity.

Just know that even those words of teachers past, those steps and structures created for their gifts to reach and aid you – they are also built of the substance of the times in which they were given. They are forms, and like all forms, they must become the substance upon and with which the new temple is built.

Do not be attached to any one way or teaching, unless it nurtures and excites your soul. How do you know if this is happening? Perhaps the nurturing and stimulus comes from the holding embrace of a familiar form, familiar words, practices, ethos, principles – any or all of these. Perhaps it comes from the gentle, or perhaps a driving presence of light from your own heart, or teachings that you embrace.

How you know if this is the lighted way for you is in your heart. In your heart is all that you have learned upon your travels life after life, and the wisdom of your soul.

Make space in your life for that gentle bell of your inner voice to be heard. Not the cacophony of emotional tangles, the rigidity of certainty of thought. Go past these and listen. Listen for the certainty that is not a thought but a whole body reaction. Listen for the loving emotional touch that has no demand or pressure in it, but just is. Then, you have found love, the love that nourishes who you are as a gracious, evolving human being.

Then you have found your answers, even if they create mixed emotions, evoke sadness, illuminate with unspeakable joy, uplift with indefatigable hope, awaken realisations that hurt. No matter the complexity, recognise

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Meeting Global Crises with Heart

Thoughts and feelings are challenging enough at a personal level, let alone at national, racial, or organisational levels (such as some religions). Here you have not only the aggregate of the personal thoughts and feelings of those contributing to these group expressions, but you also have the magnifying effect that occurs when a mass of energy coheres. In astral emotional matter, that coherence enables it to be more compelling, more dampening of any other emotional inputs or expressions within it, and more manipulative of thoughts to move them to compliance. When there is enough astral matter so aggregated on a lower level of vibration, even the good people involved find it hard to stand up to the force created.

This is the model of political power that has been in use for millennia, sadly but truthfully, because humanity has not had enough collective consciousness to counter the great amassing of emotional force. There have been many periods in history when this has occurred, and there

continue to be, because those seeking power continue to work with what they know, this old way of wielding power, to achieve their goals. Their motives may be justified by a vast array of reasons, from quite negative, to what could even be seen as somewhat positive, but the means remain largely unchanged: manipulation of emotional energy.

The fulcrum of how power is expressed and actioned on Earth is the last to change under evolutionary pressure. By its very nature, it is strong, resistant to any other inputs, and single-pointed in its energy makeup; whether as a personal expression – at its worst in an abusive relationship – or as a national political expression through the manipulative conduct of single individuals, or of the few that aggregate in leadership groups and feed each other the reinforcing glue of misplaced thoughts and feelings. The latter expression also applies to organisational and racial groups.

Any act of leadership that evokes human response risks being this. However, if the motives are pure and as much light as possible is brought to those being asked to join and follow, then the same lower astral energy is not evoked and created to blanket and blind those involved. Energy of a higher astral level acts the same as that of the lower: it can aggregate and become a mass of lighted and uplifting intent, to inspire people to be part of positive change.

The problem is that not only is there still so much unworked out lower astral energy in humanity, as individuals, but also there are masses of the same, aggregated and adhered to in racial, national and organisational psyches. To wait for the personal purification and illumination of astral matter throughout humanity such that these racial, national and organisational emotional coherences of lower vibration can be dissipated is a long journey. Too long.

To hope for enlightened leaders who would sweep the world with positive change and cleanse the lower astral of all these problematic aggregates, even the expected second coming of a religious leader, is unrealistic for two reasons. Firstly, there is no possibility of cleansing these heavy emotional aggregates – whether personal, organisation, racial or national – with any speed without shattering, because the lower astral

is so much a part of, and intertwined with, our physical awareness of self. This is not desired. Secondly, this is an aggregate of human choices, and as such is the darkness in our corner that each of us must cleanse.

However, we cannot wait for individual personal purification to release the problematic aggregates.

What to do?

In the new age of consciousness, birthing now around and within us, leadership will express in a different way. The model of single-pointed and narrowly-expressed power will not be the way forward, where one leads and others follow.

The expression of power will come through the heart and is a magnetic pull of life-affirming vibration. Those who lead will show and emanate greater heart vibration, so that others around them may be able to perceive this note and presence of living light, and make their own choice in their own heart.

It may sound similar to the astral method, but it is vastly different. When lower astral energies are magnified and manipulated by powerful leaders, this sets up emotional currents and waves that can be impossible to resist by all but the more conscious of those in that flow. Many will think they have chosen to be part of it, but instead, they have been manipulated by the compelling, seemingly irresistible forces of the emotional energy in which they are immersed. This is not a choice; it is a reverberation of the surrounding emotional intent that filters into the mind as ideas.

An emanation of heart energy does not set up waves and currents that can get magnified by an emotional charge. Heart energy expresses as a hum, a vibration of light that just is; or as a flow. As a flow of heart it pulses, and the space between each pulse gives stillness, in which you can become self-aware and bring heart awareness to your choices and actions. Clarity and strength of heart enables others to perceive it, and as more align and choose heart, it will become more radiant and diverse in its presence on Earth.

While as yet not strongly formed in the psyche of humanity, this is the way forward for those who seek to contribute through consciousness and energy stimulation:

1. Find your own heart resonance and work from that;
2. Find those around you who similarly seek and care, and create a space where your collective heart resonance can be nourished and grow; and
3. Seek those of great heart on the inner levels, and sit within their loving embrace.

Then take action, whether through meditation where you can send heart light to heal, release, transform and create resonance in the awakening consciousness of those around the world in need; or through your own personal or organisational actions, to bring heart intent into those actions to create positive change.

If you are not in a dire situation of conflict, war or famine, where focussed physical attention may take all your effort for survival, try to make effort in your day to hold the presence of heart alive in your consciousness, and with it, energise the positive change you hope for in the world.

Because the note of heart is energised by evolutionary intent, it can create greater change than if we try to change old emotional binds simply with other emotional energy; or with the mind, which is usually bound up in either the emotional patterns of the past, or the power-wielding patterns that no longer enable the degree of positive change needed, as already explained.

This is not to say that an illumined mind is not beautiful and enlightening; but mind enlightenment is not the means by which egregious leaders will be moved from their path of action. Their mode of power and manipulation, while it may be driven by a certain brilliance of mind (if you can call it that), is astral, which is how they seek to sweep all those into compliance around them. This is also not to say that heart energy will miraculously lift their consciousness, intention and mode of operation. However, this is the best option for those of us who work in an energetic way with the evolutionary forces that are active now.

Not only is heart the centre of evolutionary expression at this time, but it is also the vibration of life. No matter the mental or emotional binds any individual wraps themselves in, ultimately life force is what

keeps them alive, and heart is the vehicle for that, so it can never be closed down as a source of light.

Work with your heart however you can. Fill your intentions with heart-felt prayers, affirmations or mantras; use heart-centred meditation as your gathering place and from where you send out that heart intent by whatever means you have access to.

At this point in time, every heart-intentioned effort is desperately needed. Please do yours.

Journey of Soul on Earth

What is soul?

Soul is the fulcrum of a conscious life, the central point from where life's guidance is directed and nourished, and into which spirit's flame ignites that life force around which life itself is created.

Spirit is the fiery element of life, and the universal element of life's expression as a force of creative intent throughout the universe.

Soul, however, is an element of flow, and is only created when spirit's intent is to incarnate with consciousness into the denser matter of Cosmos. That is because the soul has a water-like characteristic that can more readily enter, and, most importantly, engage and mix with the denser elements of an expression in physical life. The expression of spirit, as a spark that ignites the flame, is not so friendly to matter: it burns and transforms immediately. It is also not a vehicle of consciousness, but a vehicle to manifest intent. Soul is the vehicle of consciousness, and is intentfully fired into action by spirit, but yet does not contain spirit.

It is all a sequence of layers of deepening vibration, where the fire of creation is infused in just the right dose to spark life, but not burn it; to give will and intent, but allow evolution to enrich that expression with conscious choice in the worlds of matter. Soul can only come into being-

ness when there is an intention to incarnate into a world of matter. Note that for a soul, incarnation means inspiring and nourishing the expression of life on any of the levels of matter below it in vibration. This includes the mental level of mind, the astral level of feelings, as well as the physical and etheric level of manifestation. Not all souls have a physical embodiment, some express only on the inner levels of mind and feeling, learning and becoming a refined consciousness to contribute to the illumination and qualification of these levels of life's manifestation in matter.

On Earth, souls are created in, and dwell in, the Earth's Ocean of Love – which is the equivalent of her emotional (astral) body, a finer-vibrating milieu that embraces and infuses her physical self. Her physical self is the substance in which our mental, emotional and physical self comes into being.

Planets have a conscious journey that evolves on another level of the life force of Cosmic intent. Earth's astral body has become purified and energised enough over her evolutionary process, to enable the birth of consciously intentional beings through her. The fire of the spirit of these beings does not burn her, for she has purified the substance sufficiently to absorb that intention, clothe it in love, and enable the descent of life's spark into the physical body of her existence – our mental, emotional and physical worlds.

Some souls have come to Earth already developed to a lesser or greater degree from journeys on other planets, where they have gained experience from incarnating on an emotional or mental level. A physical existence, as we know it upon Earth, is not required from the soul's perspective. They have been called by the increasing intent in Earth's self, in alignment with Cosmic intent, to aid her being to become an expression of loving grace into the depth of physical life.

Other souls have arisen in her body of light, by the direct will of the spirit drawn here similarly, to align with Cosmic intent and take the creative journey of evolving Earth's physical being into a beacon of loving light.

Spirit dwells in the fiery element of Cosmic life in physical expression, and is infused with the direction and intent of Cosmos. Cosmos and

Earth have aligned in intent, though Earth's evolutionary journey and choice to become an expression of Cosmic love through the depths of her being. Thus, she prepared by purifying and qualifying her astral self into the Ocean of Love that it is today – with the aid of many other evolutionary forces and beings, including the Kumaras.

Spirit's intent is a spark that enters this Ocean of Love and sustains its presence there, until the vibration it holds attracts substance of a resonant vibration around it. This is a new soul: a core of spirit's spark, with a surrounding vibratory sphere that resonates in harmony. Time is taken to do this, to build coherence with the note of that initial vibratory intent in the spark of spirit. Once enough coherence has been established for the newly developed soul to have capacity enough to extend itself, then the process of physical incarnation begins.

In concert with Earth's will – for it is of her body that physical life is built – the soul sends out a vibrational seed into the physical levels of vibration: into mental, emotional, and finally etheric layers (if that is the journey). Then a similar process of building occurs, as that initial seed draws to it the matter with which it can resonate. Thus, the new soul develops mental, emotional and etheric spheres of energy within which it can resonate. From there, if spirit's and Earth's wills so align, the physical incarnation can begin with the final building of the physical matter occurring around the blueprint held in the etheric seed.

This new soul, now with garments of physical existence, is still largely an unqualified energy vehicle, as are its garments. The intent that created it is the spark of spirit, and that lies within all, because that is the note that has enabled all levels of coherence to occur, aggregating like-with-like in resonance from soul, down to the dense physical. However, the qualities that enable that soul and its physical expression to form a conscious being – where that initial intent can be expressed and magnified in loving expression – that is the journey of life after life, as evolution of consciousness proceeds.

Every lesson learned, every experience that qualifies your journey as a human into more love, becomes a resonance that can cohere with the seed atoms of your etheric, astral and mental self. Eventually, when refined

enough, these vibrations rise into the milieu of your soul, and bring those qualities into the foundation of your being. You evolve from being a soul of one vibration, built of the Ocean of Love of Earth's being, in resonance with your spirit's intent, to a soul of many resonant vibrations, showing as the splendid colours of conscious development.

Similarly, your emotional and mental selves become developed in intent and vibrational differentiation, showing not only in colour but also in brightness. The difference between soul colours and those of the mental and astral selves, is that the soul colours are permanent, for as long as that soul exists; whereas the mental and astral bodies are rebuilt each life, and their expression can be nuanced to contain the opportunities and lessons given by karma, and by your soul.

Ultimately, the core of beingness is always there, for that spark of creation that brought your soul into beingness, and then your physical existence, remains steadfast throughout evolution; for that is your guiding light, the silver cord that keeps you aligned with soul, no matter the human blunders you might make.

This, then, is the journey of soul, in concert with the will of spirit, and the love of Mother Earth who has birthed us all. Even those who have come as souls already, with some development and qualification in their soul and lower bodies, can only be here at Earth's call and acquiescence, for all the substance required to incarnate here is of her body.

Incoming souls will bring the resonance they have qualified on their journeys elsewhere, both in their soul vibration and in the seed atoms of any other bodies of expression they have developed, but they must still cohere their new bodies of soul and physical selves out of Earth's loving matter.

The core of your being is always aligned with Earth's call, your spirit's response, and your soul's creation or reconstitution; so, deep within, you know why you are here. It is a sacred and utterly blessed opportunity. Remind yourself of this every day, and slowly the whole resonance of your being will become aligned and illumined with the light of who you truly are, and why you are here.

Many people, traditions and teachings see the awakening to the resonant presence of a Greater Heart (including, but not limited to, Jesus and Buddha, and the religious expressions and traditions built around them), as part of their journey upwards in consciousness, as part of their personal growth and self-development. Your personal and spiritual development may occur, but it is not the purpose of that contact.

The Greater Hearts are here to support the awakening journey of the Earth, to become a planet of heart and a radiating beacon of that magnificence as a physical expression in our universe.

They hold evolutionary intent as received from the greater Cosmic flow of loving, intentful force, that is, consciousness. They enable that force to become consciousness within the Earth sphere, while she develops that consciousness within herself.

When you feel the call of spiritual awakening, it will have resonance with the evolutionary intention held by a Greater Heart; and this is a call to align and contribute to the expression of this intent in this world.

This is service, and the reason why no spiritual journey can ever unfold without it. It is the giving to Earth of that evolutionary intention with which your heart resonates, and thus can energise and consciously express and magnify into the physical world in our care. No matter if this expression is small and seemingly personal, for example, tending a garden, cleaning a shared space, cooking for others in need, donating time or funds to important causes. There is only one measure of how effective your service is: how much heart you put into it, with the conscious intention to create positive change in our world, for the Earth and all life.

You are not here on Earth to find ways to escape all the challenge and confrontation of our changing world. You are here to find the resonance you have with the greater inflows of evolutionary intent within your heart, and bring that into the world, through whatever gifts you have.

This is the call of the heart, of our heart, of our soul heart, of the Greater Heart in whose embrace our soul dwells. Ultimately, it is the call of Earth's heart that we are responding to. Earth's heart has called this evolutionary journey into her being, to become a planet of heart. All souls, including us, the angels, nature and Greater Hearts, are here in alignment with

The Conscious Journey

The uniqueness of the human journey is that you evolve in two spheres: the sphere of soul, and the sphere of physical human life.

Soul can evolve on its path of service without being an expression of love as a human life stream in the physical world of Earth. Such a soul does not have consciousness it can apply directly to a human expression, and must take the journey to develop it with other younger souls.

The development of consciousness always has a purpose, because it is the substance of evolutionary intent. We do not evolve consciousness to become illumined beings, just to sit there and be illumined. It takes will to express love into the physical world, it takes concentrated focus. Where does this will come from? It is energy that has to be expended, and, in the total harmony of energy and flows of life and force that make up our Solar and Cosmic existences, that expenditure of energy requires a return of energy to its source to keep the balance.

The drive to become conscious is the mechanism by which Cosmic love enables engagement between that which has been created by the expenditure of will and the greater universe within which that life exists, so that the energy *can be returned!* Once that consciousness is achieved,

and the incarnated being understands it only exists to be an expression of Cosmic love through its own specialisations and gifts, then, in consciousness, will is no longer required to create and enable life, for the life can be created and sustained by the alignment created by consciousness: love flows in, and love flows back. Like a heart, sustained by the embrace of conscious intent. At this point, the being becomes a living cell within Cosmic life, giving and receiving where its gifts and training are called for.

To reiterate, consciousness is the mechanism through which you may discover your purpose as a human, as a soul; and through which you can align with, absorb and express that purpose as the service of life.

It is this circular nature of life and consciousness that is least understood in the human experience.

By its very nature, the human being begins its journey learning to understand how to be within, and to build within the worlds of matter, emotion and thought. Humans are builders, and engage with the world in this way in order to build. That is the creative force that creates the human in the first place. Unlike the soul, where the spark of spirit's intent sounds a note and draws to it the substance of the Ocean of Love that resonates, a human has to be built with more conscious intention. The soul does send forth a note of resonance on the emotional, mental and physical levels, and that does enable similarly resonant substance to be attracted, but the human is a complex structure, not a resonant sphere of light as is the soul, and must be built with more intention. At first it is the parents, then it is angels, then after birth it is largely the human itself, as it journeys through life's lessons and opportunities.

Thus, the human self is built, and continues to build, because that is a core imprint within its very creation and existence. This is also the basic mechanism through which loving intent is expressed and evolved in matter, that is, in the body of this Earth.

For the same reasons as a human must be built, and not just cohered through energy resonance, the expression of light within Earth must be built. Matter cannot be easily moved by resonance alone, thus the role of humanity in creating light and love in our world is paramount.

This is why we walk the path to develop consciousness, for without that we would never be able to engage with, resonate with, understand and implement our purpose here in this world.

Consciousness builds a bridge of resonance through which the force of will can express: from spirit to soul, from soul to human, from human to the world, and then back.

Life is only possible within a circular system, where energy flows out, energy flows back; blood flows out, blood flows back. Without that, there is no life, just substance and matter, unmoved by will's intent, undeveloped by the purposeful engagement of service.

In a planetary sphere, the planetary being can hold together without much physical interaction with spirit. Spirit and Cosmic intent infuse at the higher level, and the denser, physical substance just is. The exchange that enables planetary life circulates at the soul or higher levels. Not dissimilar to a human being: the soul is infused with spirit and circulates vitality back to spirit. The physical human self is not part of that energy circulation until sufficient consciousness develops. For many eons the human self more or less just exists in matter, learning along the way, but not connected as yet to the flow of spirit's intent.

When a planetary being chooses to become more conscious of its physical existence, it has committed to enabling conscious loving flow to circulate through its physical self. This is the choice Earth made long ago, and thus nature, humanity, and all life were brought into beingness through her intentional choice, in alignment with the will of Cosmos.

The reason Cosmos has interest in such an expression into physical matter is that this is Cosmic intent: to create a universe that expresses and radiates loving light through all levels of its being.

The existence of consciousness at a soul level was not enough, and human evolution emerged. It is not that nature and all other creatures are not also of paramount importance to the life-giving expression of Earth's love, but their loving exchange with Earth is largely facilitated by the angelic family, which holds the streams of conscious intent that enables these flows of life to evolve and circulate. Here we are seeking to inspire your human journey, so on that we will stay focussed!

When soul intent is expressed into the physical world of Earth, it is the beginning of a bridge of consciousness. Soul resonance always sounds deep within your heart, expressing that will to live that keeps you alive. To be able to engage with that intent, you have to build your human consciousness. This you do through the myriad of pathways you take in life after life, learning, experiencing and building the coherent resonances in your being that will eventually harmonise and become the melody of your consciousness.

With every step upon the way, you learn how to build in matter, inspired by your soul's intent that lives through you as your purpose. You build in emotional matter, in the substance of thought, in the dense physical matter, and learn how to sound that note of your purpose through these different media. You know this by experiencing the harmony of resonance it sets up within you. That is, something in you just knows you are doing what is right for you. This is why conscience is such an important component of developing consciousness, because it helps you align with and put energy into those activities and expressions that simply resonate as true in your being, that feel right, that energise you with a higher light, that fill you with hope.

When you build in this world, in alignment with your purpose – no matter if you build in thought, emotion, physical matter or all three – and you let that note of your soul's purpose sound through you, then more of your own personal self comes into resonance with that note, and that is the building of your consciousness. When more and more of your own being resonates in harmony with your soul's note, you become more and more conscious, and able to be a greater living expression of not only all that you are as a human, but also the intent and love you are as a soul. This resonates through what you do, and into Earth's physical body, and thus you become a beautiful being not only receiving the will of spirit through your soul, but expressing and magnifying that intent into our physical world. In that, you experience the sheer joy of purpose expressed, and thus the circulation of life force is completed.

The purpose of soul evolution is quite different from the human journey, but the alignment of soul purpose with a human journey is what builds

the bridge of consciousness all the way from Cosmic intent to physical earthly manifestation, and thus enables the circulation of life force through all those media, and love is expressed.

This is the ultimate purpose of the human journey. Start connecting with your heart, seek out that which resonates through your being so that you sound the note of your purpose, and make your difference here upon Earth, our world of love to be.

Your Evolutionary Role

In the loving flow of the evolutionary impulse that lives in your heart, and that awakens as you awaken your consciousness, you touch your life's purpose. Most importantly, you touch the qualifying vibration of love that tells you what quality is yours to embody upon Earth.

This makes it sound very singular – and in the broader picture of Earth's evolution it is, and that is key to you finding and enacting your purpose for living here upon this beautiful planet. How it manifests in your physical, emotional and mental life is, of course, full of the nuances created by your strengths and experiences from this life and past lives. Always, however, the keynote sounding and reverberating through your actions and choices will hold this quality that fills and nourishes your heart.

Evolution is not random; it is a carefully guided journey to enable the outcomes to be achieved that are held in the initiating spark that creates each expression of life.

This spark comes from the loving intent of those who hold understanding of the worlds into which that life will be born; who hold a picture of the whole; who work in positive and intentful collaboration with the greater light of life, the heart of our universe itself, for that is the source of all life as we know it.

Upon our Earth, that spark comes first via the Kumaras, great beings of Cosmic life force who hold that intentful electrical charge that enables life to emerge – that is, that brings matter and spirit together.

Matter and spirit would not mix otherwise, for they are at such different vibrational levels. In the spectacular process of evolution in our universe, heart has been created as the vehicle within which spirit and matter can co-mingle. This applies to every level – whether Cosmic spirit infusing Cosmic matter, as happens in the Cosmic heart, Sirius; Solar spirit infusing our Solar system via the heart in our Sun; earthly spirit infusing our physical world via our Earth's heart; human spirit infusing our physical human self via our heart.

Yet this co-mingling and infusion, while enabling life force to flow and life to exist, does not in and of itself facilitate a conscious journey, whereby the being so infused becomes a conscious collaborator in the great plan of evolution's intention.

If the intent of our universe were to enable infusion of all matter only, then very few beings would be needed; just those needed to hold each level of creation such that spirit's love could simply permeate all matter in their embrace. This was the keynote and evolutionary intent of previous incarnations of our living universe, hence why all matter does at least have the memory and resonance of spirit's love held within.

However, the intent held in the creative force of our Cosmic heart is of consciousness. Therefore, not only is the evolutionary path one of infusing all levels of matter with spirit to create life, but of enabling all those levels of matter to become consciously cooperative and active in alignment with that will of spirit.

Coming back to our earthly sphere, the Earth is alive because of the spark of spirit in her heart, but she evolves because of the higher beings that hold the intent consciously, and thus enable her to evolve in consciousness. Eventually she will hold her own full consciousness within our universe. That is a long way along the evolutionary path – not least because, for her consciousness to become fully present and spirit-infused, all beings in her planetary sphere also need to become fully conscious and cooperative with spirit.

As we have covered before, nature and all her creatures are held, loved and guided by angelic beings, and consciousness is enabled through their fully cooperative alignment from higher to lower. The choice as to

how quickly full consciousness infuses the earthly matter held by all these life streams is up to the Earth, and how quickly she can enable those finer vibrations to sound through her being.

This is where we, humanity, come in, for we are here at Earth's request, as beings able to bring consciousness, and thus spirit's intent, flowing from highest to lowest, into conscious expression into matter itself. The angels of nature are never physically embodied, and neither is it the role of nature and all her creatures to bring spirit's intent into physical materialisation. They collaborate together to enable the natural world to be nourished by that conscious intent, but humans are the chosen vehicle to enable conscious intent to become conscious action, right down into the densest matter of our physical world.

Earth's journey of conscious unfoldment requires us to take that journey too.

The Kumaras came to assist Earth on her journey, but who is there to assist humans on their journey? The Greater Hearts. In the presence and conscious guidance of the Kumara holding the intent of the present era, the Greater Hearts are those trained in other planetary or stellar journeys and able to resonate with the task at hand; or, as is now possible, those who have taken their own conscious journey upon Earth. Each Greater Heart holds one of the keynotes of the evolutionary intent of Earth's heart, and thus between them all, they fully infuse all journeys of consciousness upon Earth.

Every human soul comes into being within the resonance of one of the Greater Hearts; that is the only way to embody here upon Earth. Your soul is bathed in this loving resonance, and as you awaken your consciousness, more of that loving intent can infuse your human self.

Some of the Greater Hearts have become known through spiritual texts and teachings of the last millennia; many are not known. Some humans who present themselves as an embodied Greater Heart are definitely not one, for to do so is the path of glamour and self-aggrandisement, not the path of love and consciousness.

You do not need to know the Greater Heart within whose resonance your journey of consciousness evolves, but if you find resonance with

certain teachings, or teachers, that inspire growth and goodness in you, be open to that. There are many people who strive to aid their fellow human beings in many ways, and any of these ways may be yours for the next steps on your journey.

Consciousness is not the result of spiritual training alone. The evolutionary imperative is for consciousness to develop such that the body of Earth herself can become fully and consciously an actor in the expression of Cosmic Love throughout our universe. Love can express in every nuance and action of human life.

What was categorised as a 'spiritual' path through many traditions in the past millennia, is not the path energised for our current and unfolding journey of consciousness. Hence why many religious and spiritual traditions are faltering and failing, for they have become more obsessed with their own influence and power in the world, cemented in their past and traditions, rather than enabling the positive change that is needed in all spheres. This is okay, all vehicles of conscious development come and go. Do not feel sad or abandoned, but find your own heart's keynote. You know what is right for you personally, and what is right for you to do and be in this world, in your heart. Give it a chance to nourish your insight and understanding, and forego any rigid dismissal based on dogma no longer resonant with the love that all evolutionary intent gives, freely, and fully.

Wean yourself off the pervasive perception that we are waiting for a saviour. We, humanity, are the saviours of this world, this beautiful planet that we call Earth.

Should any of the Greater Hearts incarnate and become known in the future – such as the coming incarnation of Maitreya and others around him – this is *for the Earth*, not for you. Of course, every human and all of nature are beautifully blessed whenever a Greater Heart embodies. We are part of the Earth, and every time a Greater Heart incarnates the Earth takes a great step forward, and thus we can all do the same. But these incarnational embodiments of Greater Hearts are few. Instead, they work tirelessly upon the inner levels, to inspire and infuse every

human heart in their care, so that humanity can embody and put into action the loving intent held by Greater Hearts for the Earth.

This is your awakening, your service, your ultimate realisation of consciousness: you are a beautiful, radiant, living cell within the body of Earth, and your cooperation with Earth's heart flow of Cosmic intent, and with the other cells with whom you resonate, will enable perfection in a way you can barely conceive. Yet the utter fullness of love and pure joy that will follow calls your heart, for in your heart you know the plan, and that is your journey to follow.

The Greater Hearts are there to infuse your heart with that loving evolutionary intent, and even in times of great challenge and darkness, seek to go there so that you can endure, and with loving grace be part of the positive change we so need in our world.